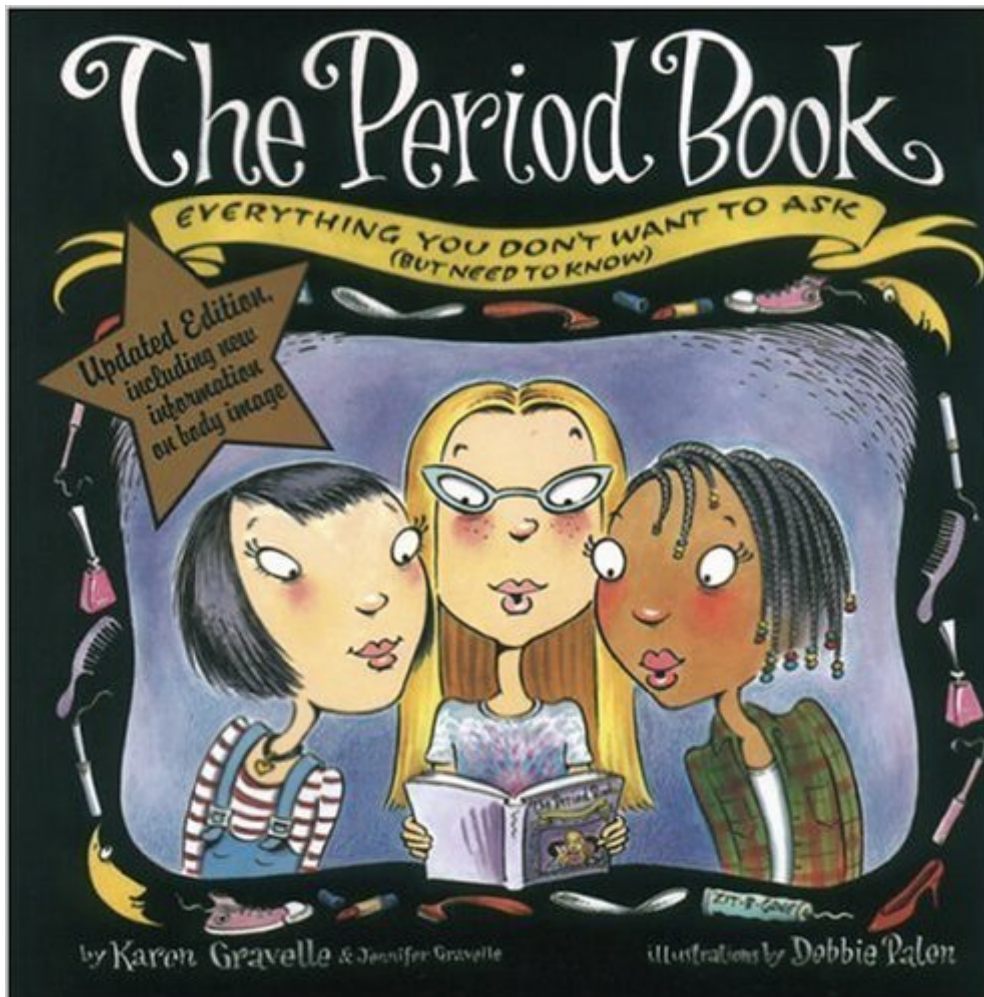


The book was found

# The Period Book: A Girl's Guide To Growing Up



## Synopsis

The essential guidebook for every girl. The Period Book is a reassuring must-read for every girl about to have her period, and every parent wishing to prepare a daughter for this important milestone. With more than 300,000 copies sold, The Period Book stands out from the pack by specifically addressing younger girls. And with eleven now the average age at which girls get their period, this supportive and practical approach, providing clear and sensitive answers to common questions, is even more welcome today. The revised edition includes a new introduction for parents and an additional chapter about body image.

## Book Information

Paperback: 144 pages

Publisher: Walker Childrens; Updated edition (June 1, 2006)

Language: English

ISBN-10: 0802777368

ISBN-13: 978-0802777362

Product Dimensions: 7.1 x 0.4 x 7.2 inches

Shipping Weight: 4.8 ounces (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars [See all reviews](#) (178 customer reviews)

Best Sellers Rank: #11,318 in Books (See Top 100 in Books) #8 in [Books > Children's Books > Growing Up & Facts of Life > Health > Sexuality](#) #8 in [Books > Children's Books > Growing Up & Facts of Life > Health > Maturing](#) #12 in [Books > Children's Books > Growing Up & Facts of Life > Difficult Discussions > Abuse](#)

Age Range: 10 - 14 years

Grade Level: 3 - 7

## Customer Reviews

I felt SO misled by the positive reviews already posted here that I thought appropriate to warn mothers of young girls or "tweens". This book is NOT the book you are looking for. Find the American Girl book on this subject and you will be so impressed and pleased with the beautiful way it handles this subject. Your little girls will become so confident and feel secure about the changes, rather than worried and confused by the inappropriate material that is in this book. For instance, this book tells you that you can get pregnant if sperm is on a finger and it is put "inside of you". This is absolutely ridiculous in a book they are recommending to nine year olds to learn about growing up, emotions, body changes and starting menstruation! (As if getting pregnant is the only troublesome

aspect if someone is "placing a finger with sperm" in them at their ages?) The title of this book, "The Period Book", is SO misleading, and would cause many to believe it is a book for young girls learning about the changes coming to their bodies and why they happen. It is not, and the material in this book would be more for older teenagers or young women who have made the choice to have sexual intercourse, wants birth control, etc. Read it, word for word before handing it to your young daughters! This book should be called the Sexual Intercourse book as covers that topic far more than "periods". This author has written supernatural and horoscope books before, and other odd titles and how does that even qualify her to write about such a topic regarding OUR kids and a company like to even carry it? She actually states she is qualified because she has a 14 year old niece?! Give me a break!

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